

## Outdoor sports Meng Gang 9787303090051J79(Chinese Edition)



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paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2008-02-14 Pages: 342 Publisher: Beijing Normal University title: Outdoor Sports List Price: 32.8 yuan Author: Meng Gang editor of Press: Beijing Normal University Publication Date :2008-02-14 ISBN: 9787303090051 Words: 400000 Page: 342 Edition: 1 Binding: Paperback: 16 Weight: Editor's Choice SUMMARY This textbook is a directional movement. orienteering. outdoor survival life. rock climbing. potholing. mountaineering. Outward Bound. rafting and other outdoor sports in one comprehensive course. is an attempt to colleges and universities for undergraduate physical education athletics curriculum resources development and expansion of the teaching content. Original only in the various school classroom walk. run. jump. cast the basic physical exercises content. extended to off-campus. expanding into the social. expanding to nature. to break the traditional form of track and field teaching and long-term closure of the teaching content old current situation. which is not only in line with the development of modern higher education sports curriculum reform of basic education reform and the need to improve the quality of personnel training. and rebuild a great benefit for athletics class curriculum system. This outdoor sports textbooks has a systematic. comprehensive. practical. practical. fitness. entertainment. and the pioneering nature of the times. such as a significant feature. This textbook is the four provinces of the South West Sports Teaching Methods and Materials Research Society Organization experts. professors. professionals. after several serious discussion and research. at the same time listen to and seek the views of the sports College track and field teaching workers after the completion of the preparation work. The textbook is the editor in chief by Meng Gang. Wang Hai. Liu Yun. deputy editor in chief. Participated in the preparation of personnel (in alphabetical...

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