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EAST END TO EAST COAST



Authentic Lifestyle. Paperback. Book Condition: new. BRAND NEW, East End to East Coast, Martin Saunders, Tough Talk are a group of ex-hardmen and weightlifters from London's East End, whose lives have been radically and powerfully changed. Saved from lives of violence and crime, they now travel the world telling their stories and demonstrating their immense physical strength through their unlikely blend of weightlifting and Christianity. In this book, journalist Martin Saunders spends six action-packed weeks with Tough Talk, following them...

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- Authored by Martin Saunders
- Released at -



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