



The Fragrant Pharmacy

By Valerie Ann Worwood

Transworld Publishers Ltd. Paperback. Book Condition: new. BRAND NEW, The Fragrant Pharmacy, Valerie Ann Worwood, "The Fragrant Pharmacy" opens the way to a whole world of fresh possibilities. It is a new approach to nature through one of its most powerful forms - those fragrant 'essential oils' drawn from flowers and grasses, trees and roots, leaves and fruit, that remain the great untapped resources of our planet. "The Fragrant Pharmacy" shows how each essential oil can offer many diverse benefits. One of the most holistic of all systems of medicine, the oils can alleviate symptoms, prevent many illnesses and disorders and help in their healing process. But more than that, they can provide all of us - our families, our homes, even our pets - with the protections and pleasures we need. without the chemical pollution of our bodies or our environment. This illuminating and imaginative book of aromatherapy is the household manual of the future. It is a treasury of information about precious life- and health-enhancing liquids that work in complex harmony with people and planet alike. Here is a comprehensive encyclopaedia of 'medicines out of the earth', those miracles of creation which revitalise and rejuvenate, enhance our emotions and...



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